



The Sales of Poland Water are More Than the Combined Sales of All the Saratoga Springs.

POLAND SPRING HOUSE, SOUTH POLAND, ME.

OPEN JUNE 15 TO OCTOBER 15.

The Sales of Poland Water are More Than the Combined Sales of All the Saratoga Springs.

As regards location, pure air, perfect drainage, cleanliness, first-class cuisine and modern improvements, it is equalled by few and surpassed by none in the world.

Poland Spring

The Growth of This Magnificent Hotel Proves in Itself a Positive and Undeniable Testimonial to the True but Mysterious Virtues of the Celebrated Poland Water. Its Discovery (in 1845), Its Marvellous Cures and Its Immense Sales, Which Are More Than All the Saratoga Springs Combined.

The wonderful development and success of Poland Spring is unparalleled, built up as it has been upon the rare and mysterious properties in the water, which are beyond the power of man or science to explain. The progress of its



HIRAM RICKER.

success has not been instantaneous or been accomplished in a few years, but has been reared upon a firm basis of true merit as firmly set as the granite ledge through which the priceless water flows.

For over 100 years the property has been owned by the Rickers, but not until 1845 was the spring found to be of more than natural value.

The head of the family, Hiram Ricker, who is now living at the ripe old age of 82, was the first to discover the medicinal power in the water. When 35 years of age he suffered severely with dyspepsia, and being too ill to work was only able to oversee his men in the field, and then quite by accident he drank the water.

The effect was at once very apparent and notable. At the end of ten days he found his trouble gone and he was able to work again.

From that day he never ceased to believe in the wonderful power of the water, and for years tried to convince his neighbors of the fact, but with little success.

From a small country house the hotels have grown to their present grand proportions.

The Poland Spring House is the leading fashionable resort in the East, and each year adds to its already enviable reputation.

Its fine location, 800 feet above the sea; its numerous lakes, its deep

pine forests, its rivers and its beautiful panorama of mountain scenery, the drives, the unrivalled bridge paths, the canoeing, the tennis, its own little symphony orchestra, and lastly, its charming society, make up a most attractive list of entertainments.

A well-known author writes: "Many hotels, so-called, consist of large, hastily constructed buildings, with their jam of visitors, politely called guests; but this great establishment at Poland Spring is of another sort. The thousands who find health, rest and pleasure here each season are of a different class and a higher order, and are guests indeed, and not merely in name."

We have spoken of this immense establishment as a hotel, and properly too, for while the fame of Poland Spring has gone forth throughout America, and while hundreds of thousands of people are living to-day who thank God for the healing properties in the water, and while hundreds come each year to drink and are cured of grievous troubles, nevertheless the huge pile on the crest of Ricker's Hill is not and never has been a sanitarium.

Much has been written by eminent physicians in regard to the rare purity and undeniable merits of the water. A leading physician writes the following letter dated at the Union League Club:

"I have never lived at a hotel where I found things more conducive to bodily health, personal comfort and social enjoyment than at the Poland Spring House, Maine. It is a grand hotel, generously and ably conducted to most beneficial ends in promoting the health and recreation of its guests. The cleansing, restorative and, I may add, exhilarating properties of Poland water are indeed marvellous."

Among the thousands of letters and testimonials from all parts of the country we only select the following from people who were among the earliest patrons of the spring.

Remarkable, owing to the fact that many of them have been cured over thirty years and are living in good health at the present day.

Among the early converts was Mr. William Schillinger, whose portrait we present herewith, and who is now 86 years of age, still living at South Poland. He was a neighbor of Mr. Ricker, and did not

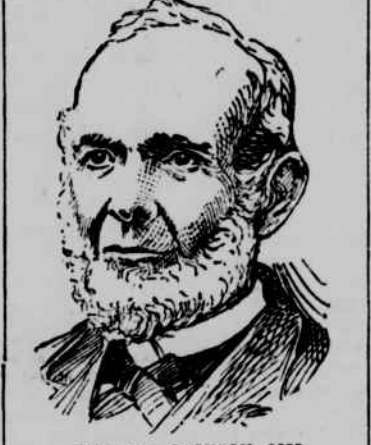


WILLIAM SCHILLINGER, 1893.

believe in the medicinal properties of the water. About 35 years ago, while at work for Mr. Ricker, he was ill with kidney trouble, and quietly investigated the effect of the spring water upon himself. To his surprise he was thoroughly cured, and confessed that he was as firm a believer in the water as Mr. Ricker himself. Quoting from a recent letter, he said: "I found great relief; my stomach was cleansed, my food did not hurt me, the pain across the back and kidneys ceased, and I felt overjoyed about it." Mr. Schillinger's testi-

monial is exceedingly valuable, because it is about 35 years since he was cured.

The first testimonial and affidavit ever given in praise of Poland Water were from Mr. Ezekiel Jackson, of Norway, Me., whose portrait



EZEKIEL JACKSON, 1893.

we herewith present. He gave the following testimonial on June 30, 1860:

This is to certify that I, Ezekiel Jackson, of Norway, in the county of Oxford, in the State of Maine, have been troubled with the gravel since 1846. In 1853 I had an operation performed by Dr. John C. Warren, of Boston, Mass., which relieved me for a few years, but in January, 1860, I was about as sick as I was at the time of the operation, when I commenced taking the water from the Mineral Spring in the town of Poland, county of Androscoggin, State of Maine, from which I experienced immediate relief and within four weeks was entirely cured, and to this day have had no recurrence of the disease. I believe I am entirely cured from the trouble and have seen no symptoms of the disease. I hereby recommend the water to all persons afflicted with the gravel.

E. C. JACKSON.

Norway, June 30, 1860.

Oxford, Me. On the thirtieth day of June, in the year of our Lord eighteen hundred and sixty, personally appeared the above named Ezekiel Jackson, a person well known to me, as being of good reputation for truth and veracity, and subscribed and swore to the above certificate by him signed.

Before me,

WHITMAN, Justice of the Peace.

Mr. Jackson is still in good health, over 73 years of age, wrote the following testimonial April 3, 1893:

Norway, Me., April 3, 1893.

H. Ricker & Sons, South Poland, Me. Sirs—In answer to your inquiry as to the condition of my health, will say that since drinking the Poland Water, about thirty years ago, I have had no return of my old disease and am enjoying good health as can be expected of a man of my age.

E. C. JACKSON.

DIABETES.

A leading business man of Boston was cured of diabetes by Poland Water, and this is an analysis of his case by a professor at the Harvard Medical School, as follows:

Harvard Medical School, Chemical Laboratory.

Boston, November 5, 1898.

Analysis of Urine, Mr. ———, Boston.—Color, pale; specific gravity, 1.023; considerable sediment; very slight trace of albumen; sugar present, 2.3 per cent.; sediment excess; renal cells occasional; blood globules few; hyaline casts, some with an occasional renal cell and blood globule adherent.

Analysis May 24, 1889.—Color, normal; specific gravity, 1.043; considerable sediment; urine acid; increased; albumen, very slight trace; sugar present, 11.4-10 per cent.; sediment: numerous uric acid and color; oxalate crystals; renal cells chiefly in the form of oval and dumb-bell crystals, and slight excess of renal epithelium; an occasional blood globule; occasional hyaline cast, with renal cells adherent. So far as this examination shows, no improvement since last November. The proportion of sugar, sugar, perhaps the mixed twenty-four hours urine will show a smaller proportion.

Analysis May 25, 1889.—Total twenty-four hours amount, 2800 ccb. color, normal; specific gravity, 1.037; considerable sediment; albumen, almost absent; sugar present, 7.7 per cent.; sediment: same as morning urine; total amount of sugar

(292.6 granules—or 9 ounces, 186 grains.)

Analysis June 20, 1889.—Color, high; specific gravity, 1.023; sediment slight; uric acid increased; albumen, absent; sugar, trace; bile pigments, absent; sediment, few spores. This examination shows an excellent result; the amount of sugar was so small that it could not be estimated, and the amount of urine has also fallen very much.

Analysis October 1, 1889.—Color, high; specific gravity, 1.023-1.2; sediment slight; albumen, absent; sugar, absent; bile pigments, absent; sediment, nothing abnormal; urine only a little concentrated; sugar is entirely absent. An excellent result.

Examination February 5, 1890.—Dear Sir—If you have been eating like other folks you may consider yourself practically cured of the old trouble. I retested your urine for sugar in the cold, which takes twenty-four hours, and am very doubtful whether there is even a trace of sugar or not.

The above case came under the care of George M. Garland, M. D., of Boston, May 24, 1889, after the second analysis of urine, and he at once ordered the patient to commence the use of Poland Water, which was done with the wonderful results as the above analysis shows.

SCROFULA AND MALARIAL FEVER.

From Charles A. Bunting, Resident Manager of the Christian Home for Intemperate Men:

New-York City, Feb. 8, 1893.

Agent Poland Spring Water, South Poland, Me. Sir—Having used the Poland Spring water for nearly two years, I feel it is my duty to say that I have found it as represented, a most valuable curative for malarial fever and dyspepsia. I have also recommended it to my friends, and they too bear witness with me of its educational effects.

One gentleman drank freely from my barrel and was cured of scrofula.

Yours respectfully,

CHAS. A. BUNTING.

The wonderful cure of Pylitis by Poland Water in the case of Mr. T. S. Quinn, of the Export Lumber Co., 66 Broad-st., in 1888, still enjoying good health. After consulting the world-renowned specialist, Sir Henry Thompson, of London, and



THE SPRING HOUSE IN 1860 AND 1893.

leading physicians in this country and Europe, he was finally advised to go to Poland Spring.

New-York, April 22, 1893.

I well remember the day I started for the spring, a shadow of my former self, scarcely able to get on my feet. Another day the advice of Mr. Ricker I threw away my medicines and from that time drank nothing but the water. I began to improve and pick up my strength. The pusny deposit grew less and less, and gradually the urine returned to its natural color and condition. In three months I returned to my home in Brooklyn in better health than I had enjoyed for years. I went to work at my desk the next day after my arrival, and ever since then have not lost a day, but have worked from eight o'clock in the morning till six o'clock in the evening, and travelled thousands of miles in sleeping-cars, exposed myself to the rigorous climates of Buffalo, Montreal, and Boston with impunity and without disaster. My urine is as limpid and free from sediment as the rills that flow from Poland Spring's magic rock. I am healthy, I am happy and wise, for I have drunk deep of the puerian

spring, and I hope that my days will be "long in the land" where Poland Spring's elixir flows and washes away our ills and makes us wiser.

Sincerely yours,

T. S. QUINN.

New-York, April 22, 1893.

THERE IS BUT ONE POLAND WATER.

Opinion of Prof. F. L. Bartlett on Analysis of Water.

American Zinc Lead Co.,

Canon City, Col.,

February 6, 1892.

Hiram Ricker & Sons, South Poland, Me.:

Dear Sirs—In your letter of January 27th you asked me if I ever found any water just like the "Poland" in the thousands of analyses I made of water while I was State Assayer of Maine.

In reply, I will say that I could always tell Poland Water, and have many times selected it from amongst other samples by simply evaporating some of it to dryness. This water, when evaporated in clean porcelain, free from dust, always gives a pure residue of pearl-white scales, which is unlike any other I ever saw.

I have found samples which gave almost the identical analysis of the Poland, but the residue left on evaporation was never like it, therefore I have always believed that there is more in the combination of the Poland Water, or, I may say, in its physical properties, than people have been inclined to know.

While the chemist can give accurately the weights of each chemical element in a sample of water, he cannot tell how these elements are combined. Water may be likened to the soil: in all has a close resemblance, and many samples give identical analysis. One will grow a good crop of corn, while the other will not.

It is one of the things which "surprised" man's understanding. Very respectfully,

F. L. BARTLETT.

GRAVEL.

DeWitt Chapel, No. 160 West Twenty-first-st., New-York City.

New-York, November 16, 1892.

Hiram Ricker & Sons:

Dear Sir—I have very great pleasure in sending you a statement of my experience with your delicious Poland Water. Two years ago I was entirely prostrated with frequent and severe attacks of gravel that for four months I had to cease from any work and for a good part of the time was confined to bed.

I put myself on a strict diet, one of the main elements of which was a liberal and free use of your aerated Poland Water. I distinctly observed the effect of the water upon the kidneys inside of an hour after the first glass. Before six months had passed I was in perfect health, and have never had an attack since. I have tried Lithia Water for some time first, but observed no such effect as produced by your Poland Water.

All my patients to whom I have recommended it for the same purpose and for dyspepsia have felt the same relief.

I am, yours respectfully,

Rev. K. F. JUNOR, M. D., F. S. S., London.

By permission we quote the following letter of Elias C. Price, M. D., Professor of the Institutes of Medicine in the Southern Homeopathic Medical College of Baltimore, Md., under date of Nov. 24, 1892, writes:

I have cured ten or twelve cases of Bright's Disease, after three or four of them had been pronounced

to be incurable by other physicians. I attribute a large part of my success to the free use of Poland Water. I never care to undertake a case unless they will consent to use it. I have been called to a number of cases almost at the last hour, when they were past all hope of recovery, having passed into the third stage.

Yours, very truly,

ELIAS C. PRICE, M. D.

The following letters are from a lady who was cured in California by Poland Water in 1863 of kidney

anything, I can assure you and the public that I have had none but good ones. In many cases of kidney and bladder diseases it has been of signal benefit, particularly in dissolving and bringing away calculi of various kinds. In my own case, I can show the benefits derived from its use. I have passed several uric acid calculi from the kidneys. Will be glad to show them to any one. I continue to use Poland Water, and have many families who use it as a table water, to the exclusion of all others. One good quality of the water is its coldness. It remains cold at all times of the year. If I can aid you in introducing this water I will be glad to do so.

Yours truly,

S. W. BOGAN, M. D., 421 G Street, N. W., Washington, D. C.

BRIGHT'S DISEASE.

This disease, supposed in most cases to be incurable, has been frequently met successfully by Poland Water.

The following testimonial comes from Moses E. Osgood, of Waltham, who was cured of Bright's disease in 1875:

Waltham, April 10, 1893.

Messrs. Hiram Ricker & Sons:

Gentles—In reply to yours of the 5th inst., asking "when I first commenced to use Poland Spring Water for Bright's disease," I would say that in November, 1874, I was in consultation with my physician, who told me that I had "acute Bright's disease." I was so bloated at the time I could not get a shoe on my foot. I consulted several physicians, but my disease was so near "chronic Bright's" that I got no relief; at last my attending physician told me there "was no known remedy for this and I was fast drifting into it." On the recommendation of ex-Mayor Dearborn, of Portsmouth, sent to you in January, 1875, for a barrel of Poland Spring water and commenced to drink it according to the directions, 10 glasses per day. I made a business of it. The result was in two weeks' time there was a diminution of albumen and less signs of casts; from that time to March I continued to improve in health and strength until the last of the month the physician whom I consulted said I was free from any

complaint and dropsy. The water had been in the barrels over three years:

Saco, Me., Jan. 15, 1870.

Mr. Ricker:

Dear Sir—It has been now some seven years since I first commenced to drink the Poland Mineral Spring Water, and its effects on me have been truly wonderful. When I first heard of this water I had been suffering for two years with disease of the kidneys, for which I had taken a cure in the month of the physician in the State of California, as I was then residing there, but all to no purpose. As my disease was rapidly taking me down, I thought I had better try the water, and I put myself on a strict diet, one of

the main elements of which was a liberal and free use of your aerated Poland Water. I distinctly observed the effect of the water upon the kidneys inside of an hour after the first glass. Before six months had passed I was in perfect health, and have never had an attack since. I have tried Lithia Water for some time first, but observed no such effect as produced by your Poland Water.

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Waltham, April 10, 1893.

Messrs. Hiram Ricker & Sons:

Gentlemen—In reply to your inquiry will say that I am still living and enjoying perfect health. It is now some thirty years since I was cured by the Poland Water, and I have not seen nor felt any symptoms of my old disease for years. We at once consulted the physician in regard to trying it, and he very frankly said that he could do no more for me, but had already done, and he thought I had better try the water, and I put myself on a strict diet, one of

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fit. My friends here advised Dr. Bugar to this effect, and he immediately telegraphed me if the weather was favorable to remain, as he was convinced that Poland was the place for me. About this time, Dr. M. C. Wedgwood, resident physician at the Springs, examined my urine and found albumen in abundance, with a low specific gravity, and casts hyaline and granular were numerous. I had great difficulty in breathing, extreme weakness, and could walk but little, and that with great exertion. I continued the use of the Poland Water, and in a few weeks there was marked improvement in all my symptoms. Examination of my urine from week to week was very favorable, and Dr. Bugar reports November 23, 1889, that a careful examination of my urine shows its condition normal. I am now attending to my business and consider myself well. Yours very truly,

THOMAS JOPLING.

Brooklyn, N. Y., May 21, 1892.

Hiram Ricker & Sons, South Poland, Maine:

Gentlemen—Having had in my family, some ten years ago, a bad case of renal calculi and resultant inflammation of the bladder, I tried the use of your Poland Mineral Spring Water and found its virtues efficacious. And I am pleased to inform you that the patient has had no recurring attack of the complaint or any of its symptoms. I also find the Poland Water pure and delicious for table use.

Respectfully,

F. G. JOHNSON, M. D.

LIST OF DOCTORS IN NEW YORK:

EDWARD W. BURNETTE, M. D., 56 W. 35th-st.

J. L. CAMPBELL, M. D., 259 W. 42nd-st.

W. C. CAMPBELL, M. D., 259 W. 42nd-st.

GEORGE A. DIXON, M. D., 15 W. 49th-st.

MARTIN J. FLEMING, M. D., 132 Lexington-ave.

W. J. FIELD, M. D., 176 W. 81st-st.

JOSEPH FINCH, M. D., 106 W. 41st-st.

J. H. GARRISON, M. D., 111 E. 70th-st.

C. A. GREGORY, M. D., 33 E. 95th-st.

R. H. HIDDLE, M. D., 22 E. 35th-st.

S. NEWTON LEO, M. D., 161 W. 55th-st.

A. H. LAIDLAW, M. D., 137 W. 41st-st.

JOHN F. MILLER, M. D., 342 W. 57th-st.

ROBERT OFFENBACH, M. D., 825 Lexington-ave.

WILSON PETERSON, M. D., 656 Madison-ave.

WILLIAM H. PORTER, M. D., the "Stratford."

H. E. RUSSELL, M. D., 57 E. 76th-st.</